**Curriculum Vitae**

**Prof. Dr. György Paragh**

György Paragh graduated with a *summa cum laude* degree in medicine from *Debreceni Orvostudományi Egyetem* [Medical University of Debrecen] in 1978, following which he was employed by *I.sz. Belgyógyászati Klinika* [Clinic of Internal Medicine No. I], where he has been working ever since. He has taken specialist exams in internal medicine, cardiology, endocrinology, emergency medicine and angiology in internal medicine, while he also holds license certificates in lipidology, obesitology and hipertonology. In 1987, he earned his Ph.D. degree in clinical medicine and, in 2000, he became a Doctor of the Hungarian Academy of Sciences (DSc). Since 2001, he has been a full professor and the head of *Anyagcsere Betegségek Tanszék* [Division of Metabolism, Department of Internal Medicine]. Between 2003 and 2012, he was the director of Clinic of Internal Medicine No. I and, between 2012 and 2018, he headed the Department of Internal Medicine. During the course of his clinical career, spanning more than four decades, he has also had several administrative positions at the university, such as Deputy Dean for Education between 2000 and 2004 and Dean of the Faculty of Medicine between 2004 and 2007. From 2007 to 2013, he was President of *Debreceni Egyetem Orvos- és Egészségtudományi Centrum* [University of Debrecen Medical and Health science Center]. He has been a member or head of a number of university committees, while currently, he is the chair of *Orvos- és Egészségtudományok Tudományterületi Habilitációs Bizottság* [Habilitation Committee of the Discipline of Medical and Health Sciences]. Apart from the above, he has also been a chief national superintendent in internal medicine as well as the president of *Egyetemi Klinikák Szövetsége* [University Hospitals Association].

More than 30 years ago, he established the specialist clinic in lipidology at the Department of Internal Medicine, which has evolved into a regional and national center since. On the basis of his research findings on lipids, he has participated in numerous multi-centric examination at home and abroad. He has taken an active part in exploring and describing the criteria system of the metabolic syndrome and its therapy treatment, while a regional Neuropathia Center has been established at the Division of Metabolism upon his initiative. He is an active participant and organizer of the biannual conferences called *Magyar Kardiovaszkuláris Konszenzus Konferenciák* [Hungarian Cardiovascular Consensus Conferences], which already have 18 professional societies among its members.

At the Department of Internal Medicine, he has been an active participant in the Hungarian and English teaching programs, which have been upgraded through his contributions. He has prepared video-based material in order to help students in their studies, which has turned out to be a crucial teaching aid for them since. He has authored or edited several textbooks and compilations to be used in academic programs. He has also supervised the work of a number of his former students in *TDK* [Student Research Society] competitions, some of who have since become his colleagues at the Department of Internal Medicine later. For several years, he also acted as the chair of the professional body for internal medicine. He is a chief organizer of the regularly held *Debreceni Belgyógyászati Napok* [Debrecen Internal Medicine Days] and *Debreceni Anyagcsere Nap* [Debrecen Metabolism Day], in addition to which he continues to give further training sessions to residents. In 2020, he was responsible for coordinating the nationwide upgrading efforts to improve the residents’ program in internal medicine.

His chief areas of professional interest cover lipid metabolism disorders, the risk factors of atherosclerosis, obesity and metabolic syndrome. As a Ph.D. supervisor and co-supervisor, he has conducted the efforts of 17 students to earn a degree. Among his immediate co-workers, ten have completed the habilitation process and three have become doctors of HAS. The winner of numerous national and international applications for funding, he also chairs *Debreceni Akadémiai Bizottság Anyagcsere és Endokrinológia Munkabizottsága* [Debrecen Academic Committee on Endicronology and Metabolism]. He has written around 800 publications in journals, the citations of which amount to more than 7800 (Google Scholar data), while his impact factor is 530 and his Hirsch index is 44.

Prof. Dr. György Paragh is a member of numerous academic societies in Hungary and abroad. For several years, he acted as the secretary general of *Magyar Atherosclerosis Társaság* [Hungarian Atherosclerosis Society] and *Magyar Belgyógyász Társaság Észak-kelet Magyarországi Belgyógyász Szakcsoport* [North-Eastern Section of Hungarian Society for Internal Medicine] and, currently, he serves as the president of these. He is also a member of the organizations European Atherosclerosis Society and International Atherosclerosis Society, in whose work he has taken an active part (e.g.: International Lipid Expert Panel, working group on familial hipercolesterolemia). For almost 20 years, he has been the editor-in-chief of the journal *Metabolizmus*, and he is frequently invited to review articles for academic periodicals at home and abroad.

He has been awarded for his achievements several times, the most important of which are as follows: *Kiváló munkáért kitüntetés* [Award for Excellent Work], *DOTE Kiváló Oktatója* [Excellent Teacher of Debrecen Medical University], *Albert Szent-Györgyi* Award, *Gyula Petrányi* Award, *Béla Fornet* Memorial Medal. In 2020, he received the Officers’ Cross of the Hungarian Order of Merit, while students have elected him Teacher of the Year of the Faculty of Medicine as many as 12 times. His home town, *Tiszafüred*, conferred upon him the title honorary citizen in 2011 in recognition of his exemplary life achievement.